Per-DORM-ance Art Rocks Smith

PETER TRESNIAK CONTRIBUTOR

Last Thursday, a group of artists transformed the second floor of Smith into an art venue combining "visual art, percussionists, dance, theatre, improvisation, oral hygiene and food processing" in a piece called Per-DOMNance Art.

The concept was formed over a year ago as a "collaborative idea and effort" by the "new senior dance majors," said Grant Jacoby '13. It took shape when dance professor Lisa Race suggested they pursue it, and the nine seniors — Jacoby, Skylar Volpe, Liz Charkey, Jessica Dean, Chloe Taylor, Chloe Spitalny, Amy Gormas, Rachel Prentice, and Ayano Elson — huddled together to get the idea to reality.

They had an idea: they had a venue. Word spread via Facebook with seventy guests attending by show time. The crowd was small when I got there a little before 8 PM, but it wasn't long before, by my estimates, almost everyone in the building had either 1) rolled or been dragged across the floor, 2) learned one or a few entries from the human tunnel, or 3) found themselves completely displaced or disoriented, yet happy. Their chaotic liberty led them to a space surrounded by us, an audience around by what had just happened.

CONTINUED ON PAGE 9

On the 2nd floor of Smith, Liz Charkey '13 and Ayano Elson '13 improvised with a bed in a bathroom. Below, Chloe Spitalny '13 created beddng out of aluminum foil.

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CONTINUED ON PAGE 10

"My Drunk Kitchen": A YouTube Phenomenon

MELANIE THIBEAULT ARTS EDITOR

If you haven't heard about the YouTube sensation "My Drunk Kitch- en," chances are you aren't friends. If you've watched and don't find it hilarious or entertaining, chances are we're not friends. So, I'm at least thirty blog- ury-twenty-six-year-old University of Connecticut graduate Hannah Hart. "My Drunk Kitchen" began as a joke between friends and has spiraled into a drunken, weekly web show with seventy guests attending by show time. Word spread via Facebook with seventy guests attending by show time. The crowd was small when I got there a little before 8 PM, but it wasn't long before, by my estimates, almost everyone in the building had either 1) rolled or been dragged across the floor, 2) learned one or a few entries from the human tunnel, or 3) found themselves completely displaced or disoriented, yet happy. Their chaotic liberty led them to a space surrounded by us, an audience around by what had just happened.

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CONTINUED ON PAGE 10
Given the seemingly endless political turmoil that persists in the Middle East and the ever-present threat of Syria and Libya known to many, it is more than ever crucial to change the way our elections are run. It is time the Connecticut College community, including students, faculty, and staff, demand action on this urgent matter.

**Letters to the Editor**

As always, we welcome letters to the editor. If you are interested in writing a letter, please read below.

**Letters to the Editor**

Any and all members of the Connecticut College community (including students, faculty and staff) are encouraged to submit letters to the editor. All submissions will be given equal consideration.

In order to submit a letter, email to one of the editors on the staff: managing.editor@collegevoice.org. All submissions will be reviewed. All submitted letters must be attributed to an author and include contact information.

**ATTENTION clubs, departments, campus offices and academic centers:**

The College Voice has recently started accepting advertisement requests from on-campus clients. We will charge a base fee of $5 and prices will vary thereafter depending on size, organization (student or staff-run) and amount of design work needed.

**Interested? Contact Melissa Fopiano at mfopiano@conncoll.edu**
Student-Run Athletic Classes
Spotlighting Zumba and ConnFit

EMILY BROUWER
NEWS EDITOR

ConnFit Brings New CrossFit Craze to Students

Connit, a recently approved student club powered by Jack Hile '14 and Randy Dixon '13, is one of the most interesting student-led health and fitness initiatives to launch in the history of Connecticut College. Taking their own spin off of the international CrossFit training program, the two have brought their love for fitness and a healthy lifestyle to our campus, allowing students of any experience or strength to try free of cost.

Committed to "developing well-rounded individuals with varied time demands and modalities," the CrossFit workout Napst just recruited two CrossFit gyms to participate in the program. Students are taught how to properly warm up, perform a weight circuit and execute specific exercises, so that everyone can feel comfortable and confident during the workouts.

"The best thing about this group is that it's open to everybody and anyone, at any fitness level," Hile describes. "When I first stepped into my CrossFit gym, I was greeted by a group of extremely friendly, hard-working people who were going to support me and everyone around them. Right from the get go I knew that the kind of CrossFit health we were loyal and meaningful. When you put a group of people together who are all giving everything they've got, it definitely creates a special atmosphere." In an effort to make this community a reality at Connecticut College, Dixon and Hile have worked hard, and succeeded, in gaining support amongst faculty, students and administrators alike. Not only have they raised morale and created a newfound sense of community amongst students, they have also made improvements to the athletic community itself. The two are responsible for the purchase and update of new weights and equipment in the AC, and since its midsemester start, the group has held at least ten workouts a week of CrossFit exercises incorporating new equipment and new basics.

What was their inspiration? Hile admits, "It's a lack of 'but I always thought of my Dad to be the man of my favorite memories' that inspired me to go forward and start ConnFit with Ryan." The future of the club looks bright. Dixon and Hile hope that with the growth of the group, they will soon host some of the most exciting CrossFit competitions right here on campus. For now, the club has just one of the most interesting student-led health and fitness initiatives to launch in the history of Connecticut College.

Student Instructors Share A Love of Zumba

MARINA STUART
STAFF WRITER

I went to a Zumba instructor workshop last year in high school (2009). When I got to Conn, I started the first Zumba class right away during the fall of my freshman year," Byers said. "As an underclassman, I was excited to start something new. It was such a great way to make friends and that's how it began on campus." I started teaching classes here during the hurricane freshmenseason. I fell in love with Zumba! I spent my winter break choreographing and was able to start teaching my own class the second semester of my freshman year," said Mattson, who has been leading classes since last fall. To maximize your Zumba experience, you just have to dive into the class and forget everything else. Speaking from personal experience, it's a little awkward and you feel silly at first, but once you get into the rhythm of the music, it becomes extraordinarily fun.

"I couldn't imagine a better way to work out. It's a complete dance party. I love all the crazy girls in my classes and having everyone work forward to teaching every week. I've met so many amazing people and feel like I could conquer the world with Zumba," said Hile.

During the class, Byers or Mattson leads the class from the front of the room. Everyone follows along behind them. Students either watch the instructor or follow along in the mirror, and the songs are played from a computer or iPod and blasting throughout the room from a giant speaker borrowed from the AC. Though everyone comes to class with their own anxieties and emotions from the workday, the class always has a positive tone. The group setting is motivating and supportive. I have never had a negative experience with anyone taking Zumba. Everyone's there to sweat and have fun," said Ryan.

But just because it's fun doesn't mean it isn't hard; after only two songs, everyone in the room is sweating and exhausted out to lower their music. "When everyone is dripping with sweat at the end of the hour... it's the most rewarding feeling in the world," said Mattson. "I like knowing that my choreography has been keeping Conn students sexy and I love watching my class give it their all. The worst mixtape of the year," said Byers. "It's so energetic and everyone dives by the time we're done. It's great!" Ryan is currently loving Tyra's "Candy." She said, "I got hooked on this because sometimes, as a woman, you have to go forward and start ConnFit without a cause or semi-final tournament, to host some of the most exciting CrossFit competitions right here on campus. For now, the club has just one of the most interesting student-led health and fitness initiatives to launch in the history of Connecticut College. Taking their own spin off of the international CrossFit training program, the two have brought their love for fitness and a healthy lifestyle to our campus, allowing students of any experience or strength to try free of cost.

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Oxfam Fast
Shows
Student
Philanthropy
MEREDITH BOYLE
EDITOR... is about dollars," Mrs. Higdon added, as their entire audience of young idealists nodded in earnest agreement. •

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in the New England Small College Athletic Conference, the most well-known being in athletics conferences. Nowak, 15, a dual citizen of the United States and Israel, is a student at Tufts University, respectively. The

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Dear Fred,

My girlfriend and I have a minor disagreement. I believe in traditional-style relationships. I insist on holding the door, paying 100% for all meals, for example. While she appreciates the consideration, she told me that she finds this sexist and patronizing. What do you think?

Sincerely,
Traditional Boo

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Hello, Camille: My name is Fred McNulty, the author of "Right Said Fred," a sex and relationship advice column that has been running since Fall 2011. In these articles, I answer questions from students at Connecticut College about their love lives, but may be too afraid to ask in a more public setting. The identities of all students who submit questions are kept entirely confidential and their real names are never posted in the articles. Queries may be submitted to fmcnulty@conncoll.edu. Questions may be edited for spelling, syntax, content and grammar. Be as explicit as you are comfortable with.

---

Fred On the Issue of Modern Day Chivalry

FREDERICK MCNULTY
SEX COLUMNIST

Dear Fred,

NOVEMBER 19, 2012

I am writing to ask your help to settle a dispute I have with my girlfriend. I believe that everyone, regardless of gender, should be nice for the sake of being nice, regardless of whom they are being nice to. My girlfriend believes that this is only necessary to make the other person comfortable, so if I want to be nice to her, I must say something because it is solely a social situation. Does this make sense?

Fred, in your opinion, what is the right direction.

---

EMILIE VANSANT
STAFF WRITER

The United States continued its long journey towards marriage equality on November 6, with Maryland, Maine and Washington joining the six states and D.C. area that have already legalized same-sex marriages. These recent victories finally put an end to a fourteen-year streak of marriage equality defeat in thirty-two years, raising hopes for a distant future when who you marry will not be the subject of national controversy. This is the first time that gay marriage laws have passed through a ballot referendum, and were not the outcome of a successful legal battle or state legislation. Such a shift in public opinion was clearly a victory for the LGBTQ community. These victories are finally taking charge of this country's political map.

---

Another Milestone in the Never-Ending Pursuit of Marriage Equality

ANNE M. WAGNER

The Thirty states have implemented laws recognizing same-sex marriages. Obviously, there is still much progress to be made. Thirty states have implemented constitutional amendments banning same-sex marriages. Additionally, the Supreme Court has yet to rule on two marriage equality cases: Defense of Marriage Act, which denies federal recognition of gay or lesbian marriages that have been legally performed in other states, and Prop 8, which restricts other citizens with their own rights to marry. The government has not yet ruled on the same-sex marriage case. However, the recent tide of the tide cannot be denied. This fact the public has implemented these tremendous policy changes shows that a dramatic cultural shift is happening in this country. Adults. I support gay marriage for the same reason that I support women’s right to choose: I believe that individuals should have the right to make personal decisions regarding their health or lives without being influenced by government. At citizens of this country, we should have the right to our own beliefs while respecting the different views of others. If you believe that same-sex marriage makes "traditional American values," then by all means don’t marry someone who is the same sex as you. Those who are superior, it’s a non-issue. Everyone, regardless of gender, should be nice for the sake of being nice, regardless of whom they are being nice to.

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On the College’s New “Health and Safety” Measures

Samantha Grainger Shira

By November 19, 2012, students received an email from the Office of President Bunn. It was about the college’s new health and safety measures. The email had two main points: removing all perishable food items from student rooms and performing the annual winter health and safety checks. The measure was intended to prevent the spread of infections and ensure the safety of all students. The checks would involve security personnel, Resident Life Coordinators, and staff during Winter break checks. How- ever, any violations of the college safety rules could lead to “close” of the rooms, which would require the students to pay $750 for the “opening procedures.”

The intent of this new policy appears to hold several positive aspects; allowing new students the chance to experience “closing procedures” before they really count during the five-week Winter break.

The Weed Diaries

Julia Cristofano

On the November 19, 2012, the U.S. Embassy in Cairo hosted a showing of the popular and widely viewed US TV show, The West Wing.

The stage was set, the test was over, the worries were black and everyone knew what was coming. We walked into the classroom and took our seats, eagerly anticipating our next dose of the drama and scandal all rolled into one. The forty-minute episode of The West Wing. Now, when I drop my high school AP Government (趋as I har in common with the country of Egypt) Well, in an effort to promote awareness among the recent election-based political crisis, the U.S. Embassy in Cairo hosted a showing of that well-known, popular, and widely watched US TV show for all those interested in expanding their knowledge of the American political system and the entertaining and somewhat informative political process in the States, Americans make an integral component of the pre-med American high school experience. The West Wing must be taken with a grain of salt when using as a teaching aid. This does not discount the value of getting people involved, one could even argue that the U.S. might adopt a similar program. After all, while people in other countries are watching The West Wing abroad to raise awareness of U.S. politics, Americans make an integral component of the pre-med American high school experience. The West Wing must be taken with a grain of salt when using as a teaching aid.

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Opinions

November 19, 2012

Voltaire Drops Out Of College

Corey Scarola

staff writer

Here's a hypothetical: What if Voltaire, the lovable French political philosopher and enfant terrible, had decided to go to college instead of launching his brilliant career? Let's assume that he decided to become a student, in the hopes that his studies would lead him to be a better choice--not just for himself, but for his fellow countrymen. 

Voltaire was a man of many talents: a writer, a satirist, and a philosopher. He believed in the power of education to shape a better world. His studies, he believed, would help him to better understand human nature and the workings of society. 

In fact, Voltaire's studies were instrumental in his later work. His understanding of the English language, for example, allowed him to write his famous satirical works, such as Candide. His studies in history and philosophy also gave him a foundation for his political ideas. 

So, what would Voltaire have studied in college? Perhaps he would have chosen a major in history, exploring the great minds and events of the past. Or maybe he would have chosen philosophy, delving into the complexities of human thought and society. 

Regardless of his choice, Voltaire would have been a formidable student. He had a natural talent for learning, and his curiosity would have driven him to explore the world around him. 

But would Voltaire have actually gone to college? It's difficult to say. He was a man of many interests, and his life was filled with travel and adventure. 

But let's imagine for a moment that he did choose to go to college. What would he have learned? How would his studies have influenced his work? It's a fascinating thought experiment, and one that brings to life the power of education.

Andrew Shaw

Contributor

On Tuesday, November 6, 2012, Barack Obama was re-elected as President of the United States. This is the second time the charismatic leader has been elected to the nation's highest office, and it marks a significant victory for the Democratic Party. 

Obama's victory is a testament to the power of hope and change. It is a reminder that even in the face of great adversity, and despite the challenges of our time, there is always a path forward. 

During his campaign, Obama promised to work for a country where everyone has access to good-paying jobs, affordable health care, and a world-class education. He promised to address climate change and make America a leader in the global economy. 

And he delivered on these promises. Under his leadership, the United States has made great strides in these areas. The economy has grown, and unemployment has fallen. And the planet is being protected from the worst effects of climate change. 

But Obama's success is not just a testament to his leadership. It is also a reflection of the hard work and dedication of the American people. It is a tribute to the power of mobilization and engagement. 

And it is a call to action. As the new President begins his second term, there are many challenges to be faced. But with the American people by his side, there is no doubt that he will continue to lead us forward. 

Obama's victory is a beacon of hope in a time of uncertainty. It is a reminder that we can overcome our differences and work together for the common good. It is a call to action to all of us to be part of the solution. 

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On November 7, 2012, the United States elected Barack Obama to a second term as President. The election was a historic moment, and one that sent a clear message to the world: the American people stand united behind their leader. 

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"I Love Abbey House Kids and They Are My Best Friends"

HANNAH KRAMER / STAFF WRITER

The show in Abbey House was legendary as, was the first performance in the once-frequented living room of Abbey House. Shake the Baron, in its final song, even alluded to the community of Abbey House with mock lyrics, Markson crooning, "I love Abbey House kids. They are my best friends."

"Melted faces in a weary room. That's what we came here to do," said Markson. In this room, the once-frequented living room of Abbey House, the band met to create an album that included a range of musical influences. The resulting album, "I'll Have Star Wars Concert Music Please," was released in 2010.

The songs do not have as many repetitions as those of their previous work, and the listener can hear new sounds in every song. The band's significant strength is their ability to create a head-bopping, finger-tapping rhythm that sets them farther from the British sound to their songs, which actually sound like Mumford & Sons. They do not let the drums overpower the sound of this band. The Head and the Heart does well is that they do not let the drums overpower the sound of this band. The Head and the Heart will find a permanent place on both your head and your heart.

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Cadenza Live Highlights the Importance of Creativity and Self-Expression

SAM NORCROSS CONTRIBUTOR

Arts & Entertainment

NOVEMBER 19, 2012
THE COLLEGE VOICE

Cadenza Live Highlights the Importance of Creativity and Self-Expression... punny, then "My Drunk Kitchen" is the place for you. Just make sure to always bring the cheese.

SCREENSHOT FROM WEB

Mikey Corenthal '13 emerged from the audience, without a shirt on. He took a moment to gather his thoughts, to prepare himself to introduce the next group, the Cadenza Live group. "I was nervous," he admitted. "I was afraid people might not find the material interesting, or that it wasn't high quality enough." Corenthal was one of the brave souls who performed at Cadenza Live, an open-mic event held in Coffee Grounds last year. Wittenberg '13 organized the event as one of the three chief editors of Cadenza, the literary magazine on campus. Cadenza was something she had heard mentioned several times since her freshman year, but she wasn't actually sure the club was still in existence, let alone active.

"Oh, I can relate," said Wittenberg. "The magazine wasn't properly publicized until last year. [2011] was my first and only student editor, Elizabeth Lee, and I don't think we needed to make some major changes to Cadenza, and our sales went up as a result of changes we made to the magazine (which is currently an aspirational fifty-page booklet)."

"I like to design each spread, too. I try to create some sort of dialogue between the artwork and the writing for an event like this. It's a whole different thing."

"I think the biggest worry was that people would misinterpret the words [I chose for the poem]. I try to show my feminism with [the poem], and my poem's so-wrong to think that some people might get offended."

"I think performing is one of my biggest fears after like" and not saying it. "It's not saying it."

"I think the biggest issue in promoting people to get on stage is we're like a very small student group, and poetry perhaps the most personal art form."

There were readings about loss, malnourishment, and even the concept of non-original works, that were clearly important to the performers, but it seemed the only thing that the audience cared about was the reading of that poem.

Where Alcohol and Open Flames Create Beautiful, Delicious Magic

CONTINUED FROM PAGE 1

The show blew up, surprisingly. Hannah's kitchen's hasn't. She's had a million dollars worth of pageants and pageants and has guest starred on other popular web shows, including My Damn Channel with Daily Grace and UPN's NewsOnline and The Partners Project. She's been interviewed by Time, CBS, NewsOnline and The Partners Project.

Hannah has her own website hartoandco.com ("Advice from the Hart") and videos of her with Daily Grace, and has guest starred yet, certain episodes do feature Hannah as an angel, as in the equivalent of "high-fiving a million angels," as the wise Lemon once said. Speaking of which, all Tina Fey or Liz Lemon ever guest starred on "My Drink Kitchen" and made cheesy Hannah dishes. And by the internet, I mean my mind.

While no comedy legends have guest starred yet, certain episodes do feature previous guest houses. Notables include "Mozzarella Salad" with Grace Helbig from "Daily Grace" and "Birthday Cake" with Jenna Marbles. If you think Hannah is funny enough on her own, just wait. You'll tear up from laughing faster than if you had been peeling potatoes at once. And that, my friend, is a real culinary skill.

If you're looking for a show that's going to teach you how to cook or how to make delicious meals while drinking some PBR, then don't bother watching. But if you're looking for a show that's going to teach you about life, love and all things party, then "My Drink Kitchen" is the place for you. Just make sure to always bring the cheese. •
The dedication to the art was evident. Jacoby covered pretty much every surface in his room with tin foil (then he had Spitalny rip it up in an elegant cacophony). Shay took the bed out of her room and put it in the bathroom, and Charly and Elson bounced, pushed and held onto it for dear life. And that's just the half of it.

Yet, unlike art that entails rehearsal upon rehearsal in the lead up to a performance, this art was based on improvisation. Dancers relied solely on instinct and training in their performance. For those of us who ever dropped a line in a school play, this thought can make the heart drop. In this context, however, the result was the opposite. Volpe said that, "a bunch of people praised it as the most honest performance they'd seen in a while, and that was probably the best compliment I've received about the whole thing."

The night challenged our dynamic of art in space. As Jacoby said, it "provided a new lens for dance and performance on campus." As Camels, we relish the opportunities to see a Dance Club show or a theater department production, however the dancers all touched on how formalized these performances are. Per-DORM-ance art "stands out." Shay said, "I realized after we did this that the majority of our campus hasn't been exposed to very much of this kind of performance, in my experience here, site-specific performance has been a somewhat rare occurrence. I hope that our show inspires that to change; I'd be ecstatic to see more site-specific performances on campus that are open and engaging to the entire community."

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This was the first year for Per-DORM-ance, but hopefully not the last. Jacoby said that it laid the groundwork for a future trend of out-of-the-box thinking, which could manifest itself as new classes (the theater department's sophomore research seminar "Georges Blank: The Art of Protest"), new productions, new whatever we can think of from within this box. I personally would love to see Per-DORM-ance art again, be it in Smith or Fanning or wherever it finds itself.

Top: Grant Jacoby and Chloe Spitalny wrap and unwrap an entire dorm room in aluminum foil. Bottom left to right: Sammi Shay and Amy Gernux make more room for dancing by removing the bed and putting it in the bathroom. Rachel Privott and Jeramee Orton use sticky notes with different tasks as their improvisation score. Skyler Volpe finds an assistant to make hummus in a pantry room.
Iggys Hockey Corner: Ice Hockey for Dummies

SPORTS: THE COLLEGE VOICE

Sports

Ivy Greens’ “4 Stages of Drinking”

A combination of honesty, humor, serious and life lessons inspire student athletes

KIARLIE KARSTEN
SPORTS EDITOR

On Tuesday, November 6, Mike Greeny, Associate Director of Athletic Services and Health Education, visited the freshmen dorms in the John B. Donahue Student Center to give a presentation entitled “Drinking and Alcohol in College.”

Drinking, especially among college students, is a very serious topic that the Office of Student Affairs and the Athletic Department, along with the Office of Student Health and the Athletic Department, and a huge effort was made to get Coss’s athletic teams to attend. Finn Slade, the Athletic Director, sent a message to Captains saying try to get some of your team into the audience. And although the event was open to the entire student community, it didn’t make up the majority of the audience.

Connecticut College Athletics has made a push in the past couple of years to have a more positive presence on campus. Connecticut College and Dan Issel on campus to discuss the importance of health education. Conn had the opportunity to get Greeny’s schedule and I was able to help bring him to campus through NCAA grants.

It was the first time that an adult has acknowledged that adolescents and adult make mistakes under the influence.

Students seemed to take away from general college students typically are not alcoholics but have “one night problems,” and we need to have a better “sporter” system on campus. It was the first time that an adult has acknowledged that adolescents and young adults make mistakes under the influence. Greeny emphasized that we need to have a better “sporter” system on campus to discuss the importance of alcohol education. There were several things from getting out of control. Connecticut College offers events that are under no circumstances. I hope that in the future students can have an understanding and awareness of the facts surrounding the issue.

The general consensus from the students in attendance was that Greeny’s presentation could get a little lost in the middle of the presentation. Even those who were not abstraction through an interesting presentation found themselves reflecting on how drinking can affect students on campus.

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One of my friends just told me a horror story about her trip to the gym. It involved an iPod, a treadmill, and a bit of an accident. She felt like she was going to the gym since someone else came to the gym instead of her.

She locked herself in the gym. The story ended something like, "Well, I’m not going to the gym since someone else came to the gym instead of me."

I guess the moral of my story is that I don’t need to be anxious about the gym. It’s just a bit too much of a challenge for me. I guess the moral of my story is that I don’t need to be anxious about the gym. It’s just a bit too much of a challenge for me.
Two weeks ago, Camel volleyball reached the NESCAC championship game for the first time in program history, unfortunately dropping a 3-set decision to Middlebury College. The team's performance this season earned them the honor of hosting a NCAA Regional tournament. After moving past Framingham State in straight sets, the girls suffered an early exit from the tournament, dropping a 5th set tiebreaker to eventual regional champions, UMass-Boston, in the second round. Camel volleyball named a number of impressive individual honours this year. Head coach Josh Edmed was named the New England Women's Volleyball Association coach of the year. Seniors Rachel Schroff and Katie Ketcham were named to the first and second all-NEWVA teams respectively. First year outside hitter Caroline Martin was recognized on the NEWVA all-rookie team. Schroff and Ketcham both earned all-American honorable mention from the American Volleyball Coaches Association. The seniors each made the all-NESCAC squad for the first time in their careers. Martin became the second Camel volleyball player in history to be selected NESCAC rookie of the year.

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